

Hope Bringers?

If you read the Bible you won't have to read very far to find something about Hope. We see in the Old Testament God giving Hope to the Israelites as they journey in the Wilderness and escape Pharaoh, we see the people who write the Psalms often write about God being their Hope and Refuge. In the New Testament we see Jesus, the Hope for Humankind walk upon this earth and then the early Church try and work out what this Hope meant and how to share it with others. Hope can be found in the most dire of places.

Do we realise that we are called to share this Hope with others even in difficult times like these?

Hope can be shared in all sorts of ways;

A smile

A phone call

A letter

A kind word

A good deed

A Prayer

What ways in your situation can you share Hope and Love?

Never underestimate the power of a small act of kindness.

As our Patron Saint David says

"Gwnewch y pethau bychain"

"Do the Small Things".

To watch a short film on the subject of Hope follow the link at the bottom of the page.

For more information about Children's, Families and Youth Ministry have a look at our website at

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When I turned 18 my mum presented me with a card. In it she had enclosed a copy of Rudyard Kipling's poem 'If'. She explained that my grandfather, who sadly died before my 18 birthday had given a copy of this poem to his son on his 18 birthday. She went on to explain that she felt sure that my granddad, had he still been alive would have done the same for me.

I have often turned to it for inspiration and encouragement when times have been hard. We all at some point in our lives will face adversity and challenge. We will perhaps suffer pain and disillusionment. What is our response when these times occur? How do we deal with them?

Kipling, writing this poem to his son promises that he can have the earth, or another way of putting it, can succeed, can 'over- come'. He writes

"If you can force your heart and nerve and sinew

To serve your turn long after they are gone,

And so hold on when there is nothing in you

Except the will which says to them 'Hold on'." (Kipling)

Hold on, keep going, there is hope.

There is always hope.



Archbishop Desmond Tutu is well known to have quoted a line from the book of Zechariah in the Old Testament. It says in Chapter 9 vs 12 about 'Prisoners of Hope'. Archbishop Tutu said

"I am a prisoner of Hope".

What does this phrase mean to you?

Have a look at our latest Film which can be found here

<https://dioceseofstasaph.org.uk/coronavirus/mental-health-and-wellbeing/>