

AGRICULTURAL RESOURCES and ORGANISATIONS

Organisations that provide support of the pastoral nature specifically to those in the agricultural sector include:



Farming Community Network (National and Cymru) - www.fcn.org.uk

- a voluntary organisation & charity that supports farmers and families within the farming community, through a confidential helpline and on farm support
- *'Whether the issue is personal or business-related, FCN is here for you. We run a confidential, national helpline which is open every day of the year from 7am to 11pm and our volunteers provide free, confidential support to anyone who seeks help.'*
- **03000 111 999** calls answered in person 07.00 – 23.00hrs daily
 - www.farmwell.wales or www.farmwell.cymru offers general advice for farmers and their families including about general wellbeing.



The DPJ Foundation – www.thedpjfoundation.org.uk

- The DPJ foundation *'supports those in the agricultural sector who have poor mental health by providing support, spreading awareness, and training those in farming to be aware of poor mental health and its impact within our communities.'*
- This tends to be the primary 'go-to' charity for those in the agricultural sector for mental health support
- Provide free counselling service online, by phone, locally, or on the farm
- Provide bereavement support, and support after suicide
- Their training includes Mental Health First Aid and bereavement courses, offered online and in-person across Wales
- **0800 587 4262** or **text 07860 048 799**
- works with leading organisations in agriculture including NFU Cymru, FUW, YFC, vets and Welsh Government to help provide an accessible and flexible service



Tir Dewi – www.tirdewi.org.uk

- offers similar walking with/hand holding service to FCN. (Each often refer on depending on location, need, language requirements etc)

- provides a free, confidential helpline and on farm support service, enabling and supporting farmers to find solutions to whatever problems they face
- **0800 121 4722**



RABI (Royal Agricultural Benevolent Institution) –
www.rabi.org.uk

- Offer financial support, practical guidance, online and face-to face counselling to farming people of all ages, including farmers, farmworkers and dependents
- **0800 188 4444**

There are also other organisations which provide support through assistance with funding, form filling etc including FCN and RABI as detailed before and

- **Addington Fund** – www.addingtonfund.org.uk
- **Farming Help** – www.farminghelp.org.uk
- **Forage Aid** – www.forageaid.org.uk

For those in the gamekeeping sector there's the following organisations which may be of additional assistance –



The Gamekeepers Welfare Trust –
www.gamekeeperswelfaretrust.co.uk

- The Gamekeepers' Welfare Trust exists to support gamekeepers, stalkers and ghillies, and their dependants past and present
- Offer financial and educational grants, a confidential helpline, a jobs register and information on employment matters, online self-help guides including on health and well-being
- **01677 470180** or **text 07786 917498**
- **Confidential helpline 0300 1233088**

The National Gamekeepers Organisation – www.nationalgamekeepers.org.uk

➤ **01833 660 869**

*Compiled by Rev'd Hermione Morris,
St Asaph Diocesan Rural Life Advisor
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